

Gwyl y Felinheli / Felinheli Festival 2015



FELINHELI 10k

(VAYNOL PARK 10k)

WA Permit race

Held under UKA Rules

**Dechrau / Start 7.15p.m. Felinheli beach, near sailing club
(A mixture of road and track in Vaynol Country Park and Parc Menai)**

Merch. Gorffennaf 1 July Wed.

Noddwyd gan/Sponsored by



ELIM/MADOG



PEUGEOT CITROËN

GWOBRAU/PRIZES: Awarded in all categories
Commemorative medals for all runners
(NB Juniors **must** be over 15 and **under** 18 on day of race)



Taliad / Entry £10.00, (Deduct £2 if affiliated to WA & inc. Regn no.)

include e-mail address (**please print clearly**) for confirmation of entry. Collect number on day

DIM CAIS MYNEDIAD AR Y DIWRNOD / NO ENTRIES ON DAY
Entries close 20th June or when entry limit of 400 is reached

Am fanylion adloniant y noson a mwy o wybodaeth am y ras gweler:
For evening's entertainment details and more race information visit:

www.gwylfelin.org

2015 FELINHELI (Vaynol Park) 10k

Enw llawn/Full name.....

Cyfeiriad/Address

Clwb/Club D.o.b.....

Tel no. Age on day of race.....

Email address

WA Regn No. Fee enclosed: £.....

**Cheque payable to "Gwyl y Felinheli Festival" send to
Eilir Evans, Rowen House, Y Felinheli, Gwynedd LL56 4RX
Telephone: 01248-671150 [Email: eilir.felin@btopenworld.com](mailto:eilir.felin@btopenworld.com)**

I agree to abide by UKA laws. I am medically fit to run and understand that I do so entirely at my own risk.
The organisers shall not be held responsible for any injury, loss or damage as a consequence of my participation in this event.

Llofnod/Signature..... Date.....

Tick Age Category Entered

	Male	Female	
u/40	<input type="checkbox"/>	u/40	<input type="checkbox"/>
o/40	<input type="checkbox"/>	o/40	<input type="checkbox"/>
o/50	<input type="checkbox"/>	o/50	<input type="checkbox"/>
o/60	<input type="checkbox"/>	o/60	<input type="checkbox"/>
o/70	<input type="checkbox"/>	o/70	<input type="checkbox"/>
JUNIOR MALE	<input type="checkbox"/>	JUNIOR FEMALE	<input type="checkbox"/>